

## [WHY BLOOD PRESSURE IS HIGH](#)



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High blood pressure, also called hypertension, is dangerous because it makes the heart work harder to pump blood out to the body and contributes to hardening of the arteries, or atherosclerosis

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### **Why is High Blood Pressure Bad November 2018**

With high blood pressure, the increased pressure from blood flowing through can cause several problems, including: Narrowing and damage of artery. The cells of your arteries inner lining can be damaged by high blood pressure. This can cause a bunch of events which make the artery walls stiff and thick, which is known as arteriosclerosis, or the arteries becoming hardened.

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### **Blood Pressure What is high blood pressure**

You probably have high blood pressure (hypertension) if your blood pressure readings are consistently 140 over 90, or higher, over a number of weeks. You may also have high blood pressure if just one of the numbers is higher than it should be over a number of weeks.

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### **Why Is My Diastolic Blood Pressure High Healthfully**

Defining High Blood Pressure. A person is diagnosed with high blood pressure when her pressure measures 140/90 or more. This means her systolic pressure--measured when the heart beats--is 140 mmHg and her diastolic pressure is 90 mmHG.

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### **Reasons Why Only Your Systolic Blood Pressure Is High**

Having high systolic blood pressure is most likely just a variation of "regular" hypertension. Everyone's body is a little different, and it is not uncommon for people to have one of the two values, either systolic or diastolic, higher than the other.

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### **Why is My Blood Pressure Higher in the Morning November**

Known as morning high blood pressure, or morning hypertension, it has been found that this condition increases your risk of blood vessel and heart problems like stroke. Even if you have blood pressure that is very controlled, fifty percent still have morning blood pressure which is high.

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### **7 Reasons Your Blood Pressure Is Unexpectedly Through the Roof**

Even if you're in tip-top shape, your blood pressure could go from totally normal to sky-high in a matter of minutes. The worst part is, you may have no idea it's happening.

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### **high blood pressure WebMD**

Even if your blood pressure is high, you probably won't have symptoms. That's why it's often called the "silent killer." The first symptom of untreated high blood pressure may be a That's why it's

<http://ebookslibrary.club/high-blood-pressure-WebMD.pdf>

### **High blood pressure hypertension NHS**

Risks of high blood pressure. If your blood pressure is too high, it puts extra strain on your blood vessels, heart and other organs, such as the brain, kidneys and eyes.

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### **Blood pressure Does it have a daily pattern Mayo Clinic**

Having an abnormal blood pressure pattern, such as high blood pressure during the night or early in the morning,

can mean that you have a health problem.

<http://ebookslibrary.club/Blood-pressure--Does-it-have-a-daily-pattern--Mayo-Clinic.pdf>

### **High Blood Pressure National Institute on Aging**

Read about high blood pressure or hypertension. Learn how changes in lifestyle like getting more exercise and having less salt may help control it. Learn how changes in lifestyle like getting more exercise and having less salt may help control it.

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### **High blood pressure dangers Hypertension's effects on**

High blood pressure can also cause blood clots to form in the arteries leading to your brain, blocking blood flow and potentially causing a stroke. Dementia. Dementia is a brain disease resulting in problems with thinking, speaking, reasoning, memory, vision and movement.

<http://ebookslibrary.club/High-blood-pressure-dangers--Hypertension's-effects-on--.pdf>

### **High Blood Pressure Hypertension MedicineNet**

High blood pressure or hypertension is a condition in which pressure in the blood vessels is higher than it should be. Blood pressure is measured as two readings, systolic and diastolic. Normal blood pressure is 120/80. New guidelines state that blood pressure between 120/80 and 129/80 is elevated, and 130/80 is high.

<http://ebookslibrary.club/High-Blood-Pressure--Hypertension--MedicineNet.pdf>

### **What Happens When Diastolic Blood Pressure Is High**

If you have high blood pressure, or hypertension, you are not alone. According to the Centers for Disease Control and Prevention, this condition affects 1 of 3 adults in the U.S., and over time can lead to health problems such as heart and blood vessel disease, stroke, vision loss and kidney disease.

<http://ebookslibrary.club/What-Happens-When-Diastolic-Blood-Pressure-Is-High--.pdf>

### **Hypertension Wikipedia**

Hypertension occurs in approximately 8 10% of pregnancies. Two blood pressure measurements six hours apart of greater than 140/90 mm Hg is diagnostic of hypertension in pregnancy. High blood pressure in pregnancy can be classified as pre-existing hypertension, gestational hypertension, or pre-eclampsia.

<http://ebookslibrary.club/Hypertension-Wikipedia.pdf>

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